

Foot Prints

A Bi-Monthly News Letter



Volume : 4 (10 - 11) December - January Issue : 44

Contents

- _____ Dreams and Aspirations
- _____ Campus News
- _____ Glimpses of Growth
- _____ PYP News
- _____ DP News
- _____ Residential News
- _____ Appreciation



Best Attractions



Glimpses of our growth



Sports Day Celebrations



"Sports for all," is the motto of games at DRSIS . The 4th Annual Sports Meet witnessed the enthusiastic participation of all the students competing in their respective houses . Team spirit and sportsmanship displayed by the students was the greatest achievement for all the DRSIS ians. Having competed through out the year in the areas of Sports, Co-Curricular and Academics , Vivekananda House emerged as the best house for the academic year 2009-10

"The way a team plays as a whole determines its success You may have the greatest bunch of Individual stars in the world, But if they don't play together, the team wont be worth a dime."
- Babe Ruth

Our Policy

The Footprints provides the public forum where DRSIS students can exercise their voice.

1. The Literary Committee reserves the right to decide, what will be published.
2. We reserve the right to edit any material with regard to length or content.
3. We will strive to report news accurately and objectively.
4. We vow to cover stories without discrimination towards any group.

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Guest's Message



It gives me immense pleasure and satisfaction to interact with students as they are the building blocks of our nation. I was extremely happy to visit the unique campus which is located away from the hustle bustle of the city and provides equally good atmosphere for both academics and sports. Giving away the excellence awards I realized that the school not only provides excellent opportunities in all avenues but also acknowledges the efforts of both students and teachers.

Hon'ble Justice Mr. Ghulam Mohammed
High court of Andhra Pradesh

Principal's Message



The highlight of this issue is the 4th Annual Sports Meet. We scheduled it for three days so that every child gets an opportunity to participate because research has proved that sports are an integral part of personality development and physical growth. The academic year draws close and preparations are in full swing for the grade X and XII pre broad and board examinations. As educationists, we recommend that parents and guardians spend more time with their children during home study, in this critical period and keep their children motivated since the final examinations are near for all the grades. We also have the annual report of the school in this issue which should be an insight into the gamut of activities that the school carries out and also the special achievements of the school.

Wishing you all the best for the examinations and may God be with our grade X and XII children during these challenging hours.

SAMV. Prasada Rao, CEO

Editor's Message



Here is wishing all the very best in all their endeavours to the X and XII graders and their mentors. Endeavours is not all about blood and sweat. It is also about self esteem and confidence in one self to rise above all odds. In doing so the feel good factor keeps you motivated and your self-motivation helps you to be positive. Positive thinking is a mental attitude that admits into the mind, thoughts, words and images that are conducive to growth, expansion and success. It is this mental attitude coupled with hard work and proper strategizing that gets good and favorable results. The power of concentration, will power, self-discipline and peace of mind also contribute to the development of a positive mind. A positive mind anticipates happiness, joy, health and a successful outcome of every situation and action. Whatever the mind expects, it finds and rejoices in that new found happiness. "The positive thinker sees the invisible, feels the intangible, and achieves the impossible" and surges ahead to tread the unbeaten path, to be the leader and be an inspiration to others.

Rachna Bhattacharjee, Senior Secondary Head

Student Editor's Message



The 4th Sports Day was celebrated with great joy at DRSIS. The students were at their competitive best and Vivekananda followed by Tagore lead the field. The opening ceremony got off to a flying start, and the closing ceremony kept us riding high.

Ritu Rathi, Grade XII

PROVERBS

1. Too many cooks spoil the broth

Proverbial Meaning: It's often better for just one person, or a very small group of people, to undertake a complicated task.

Literal Origins: When making broth, or soup, the recipe can be spoiled if there is more than one cook adding their preferred ingredients.

Common Usage: This proverb is very well-known and quoted as a warning against spoiling the outcome of a one-person concentrated effort by employing extra people for the task.

2. Many hands make light work

Proverbial Meaning: A job or task is easier to complete if you have help from other people.

Literal Origins: More hands, i.e. more people, are able to lift heavy objects easier than one person can.

Common Usage: This proverb is very well-known and often quoted as people volunteer to help a friend or colleague lift a heavy object or complete a tedious task.

Necessity is the mother of invention

Proverbial Meaning: Situations that require new technologies or ways of thinking usually produce someone to invent them.

Literal Origins: Many of the world's greatest inventions have arisen in times of great need.

Common Usage: This proverb is well-known but is not used all that often by many people. It is used when considering inventions that were made during times of hardship, such as World War II.

Nothing succeeds like success

Proverbial Meaning: One success often leads to another, and then more successes.

Literal Origins: Once you have learned to succeed at something it is easier to succeed in something a second time because you have already learned a method of success.

Common Usage: This proverb is very well known and used these days, sometimes bitterly, when describing the successes of someone who is already successful.

Pity is akin to love

Proverbial Meaning: If you start feeling sorry for someone you might start to love them.

Literal Origins: The emotion of pity is similar to the feeling of love.

Proverbial is better than cure

Proverbial Meaning: Stopping something bad happening is better than dealing with something bad that already took place.

Literal Origins: It's easier in the long run to prevent a patient from getting sick with inoculations or medicine etc than it is to try and cure them after they are sick.

Common Usage: This proverb is extremely common and used on many different levels, from reasons to build safety rails to stop people falling through to invading countries to thwart evil dictators. It is used by most people in a genuine fashion, a concern for safety, but sometimes (from a cynical point of view) it can be used as an excuse for more controversial purposes, like the latter example by a politician for instance.

Campus News

Republic day celebrations



Activity show case



NIE Quiz Competition



Christmas Celebrations



Grade 12 Pre-board Examination





Glimpses of our Growth

1



2



3



4



5



Strive to Surpass

If you train hard, you will not only be hard, you will be hard to beat..

Herschel Walker

The training given by all the teachers is what is portrayed as a result of the year and the achievement of each and every child.

1. Ms. GirijaSanthosh and Ms. Hemavathi for the excellent board results of grade X(2009-2010).

2. Ms. Srilatha and Ms. Varakumari received the prestigious Shri Dayanand Agarwalji award for the best facilitator for the year 2009-2010. They were recognised for inculcating profiles, skills and attitudes in children. The students were awarded the prestigious Smt. Sunehri Devi Memorial, Grade X topper award for achieving outstanding CBSE board results for the academic year 2009-10 by securing highest cumulative grade point.

3. Shresha Surana and Vijaysimha Reddy who secured CGPA 10 in English, Maths and Science

4. Simran Choudhary and Tuhin Nair along with Abhishek. P.S. And Nimish Jain also secured CGPA 10 in three subjects

5. Prerana Raju of grade 12 and Jung Su Lee of grade 10 were awarded the best all rounder under girls and boys category respectively.

4th Annual Sports Meet

DRS DRS I

"Always aim at complete harmony of thought and word and deed and then every thing will be well"- Mahatma Gandhi
 Harmony through sports was well illustrated and exhibited by the students of DRSIS during the 4th Annual Sport Meet. The opening ceremony was a glimpse of both formal and informal programmes.



Lighting of the lamp by the Guest Mr. Venkatapathi Raju, Former Cricketer



Declaration of the meet open by the Guest Mr. Venkatapathy Raju



Lighting of the torch by Physical Education Dept.



Speech by Chehek Agarwal of Grade II



Marching by Bhagat Singh House



The office bearers of DRSIS Saluting the guest



Salute by Nehru House



Fusion dance by IK III



Robot Dance by grade II



Joker dance by grade IK I and II



Animal Ballet by grade I



Opening Ceremony - MOC Team



Action in skating rink



Throw ball for the girls team



Kindergarten Prize Winners

DRS DRS 4th Annual Sports Meet



"Happiness is when what you think , what u say, what u do are in Harmony"- Mahatma Gandhi
The three days sports extravaganza at DRSIS 4th Annual Sports Meet culminated with the closing ceremony



Inauguration of the gallery by Ms and Dr Gopinath Reddy



Welcoming the guest Ms Mulni Reddy, First Arjuna Awardee for Volleyball



Lighting of the lamp by our Chief Guest Justice Gulam Mohammed



Annual Report by principal by S.A.M.V. Prasad Rao



Speech by Shristi Agarwal of grade II



Welcome Song by the choir group



Welcome Dance



High jump by Alekhya Reddy of grade XII



Yoga display



Archery display by Prerana Raju of grade XII



Dressage, trot and canter by the horse riders



Karate display



Closing Ceremony - MOC



Medal winners proudly posing with the guest, Chairman, Director and Principal





PYP News from Primary



Common assembly during Ahmedabad International School students visit to DRS International School



Facilitators and Students of Ahmedabad International School attending Art and Craft workshop during their visit to DRSIS



Friendly cricket match between DRSIS and AIS.



Grade III students in the process of class presentation



Pongal celebrations in Primary



Parent orientation for PYP exhibition.



Students of Ahmedabad International School learning Keyboard during their visit to DRSIS.



Bidding Farewell to the students of Ahmedabad International School



Students of Ahmedabad International School attending the Primary assembly.



Students of IBDP helping the students of Ahmedabad International School in the profile reflections

UOI Reflection

The **STUDENT EXCHANGE PROGRAMME** between DRS International School and Ahmedabad International School(AIS) was a true exchange of ideas and learning engagements. On our visit to Ahmedabad International school, we learnt about their culture and their Inquiry process. During their visit, our Inquiry was based on our exhibition theme on societal decision making. In the class room interaction, we showed them the impact of societal decisions on us. We shared the impact of societal decisions on our economy, education, judicial system and environment. Our friends from AIS were very enthusiastic and were sharing their views on this. We also judged our decision from De-bono's six thinking hat and there was a good debate between AIS and DRSIS students. The trading game made all of us great businessmen and made us understand the loopholes of our economy. We along with our AIS friends made an endeavor to find solutions to many of our economic issues. The problem solving and judgment making activity was a thoughtful game which made us critically think.

As we are proceeding ahead with our exhibition, we were also taking into consideration our friends' point of view and their reflection. This exchange programme helped us in making lots of new friends and exposed us to different ideas. We would strive to keep in touch with our new found friends and keep sharing our learning engagements.

Sanskar, Grade V B

Up! Education

Education is important
Right from our infant,

Education is not about college
It entails a wider range of knowledge
Supplying to a market of skills shortage.

Education makes it a priority,
It creates and decides upon ones fate
Never leave it too late.
Education makes it a priority
To provide you with opportunities

So I say
OK!Up!Education
Feed the nation
Up!Education

PYP Message

Learners construct Meaning.

What is meant by constructivism?

The term refers to the idea that learners construct knowledge for themselves. Each learner

individually (and socially) constructs meaning as he or she learns. Constructing meaning is learning through what is meaning full to a person or a child.

Do children get this in the present stressful fast paced education system? Is it possible?

Yes it is. Especially through IB curriculum. In the IB curriculum the inquiry process helps the child to learn and build knowledge by him/her self. They build their knowledge with a scaffolding through a learning cycle: It starts with what they know (what I know) and then they get curious about knowing more (what I want to know), followed by the process of learning (how best I learn). Assessing themselves ('what I learned') is also part of the cycle when they reach a stage of knowing what they learnt and what more has to be learnt, the cycle of learning continues.

Through the IB curriculum, children have to navigate to understand, find out more, analyze the data (information) collected, think logically and critically. Finally they reach a stage of synthesizing their own knowledge.

IB curriculum focuses the learner towards the learning process (not on the subject/lesson to be taught).

In Plato's words, learning is not understanding the "true" nature of things, nor is it remembering facts and ideas, but rather a personal and social construction of meaning out of the confusing array of sensations which have no order or structure.

So, as educators and parents lets help our children to have a meaningful learning.

Subbalakshmi Bulusu
Primary Head / PYP Coordinator



PYP News from IK



Role Play by IK-3 students about the Birth of Jesus Christ - IK Christmas Celebrations



IK-1 students performing a dance during Christmas Celebrations



Ms. Sunila talks as a resource person about pleasing words for IK-1



Ms. Subbalakshmi as Resource Person in IK-2 class



Students interacting with the birds during their field trip in the Farm House



Field Trip to a Farm House



IK-1s Field trip to Vansai Park



Swimming competition for IK during 4th Annual Sports Meet



IK's Running Race competition during 4th Annual Sports Meet



IK's Skating competition during 4th Annual Sports Meet.



Happenings

Field Trips Reflection

Our visit to the Sarba Dharma shala was very exciting. We saw many places of worship and also enhanced our knowledge about different religions. We visited the temple and prayed for the well being of ourselves and our friends. On reaching the church we learnt about Lord Jesus and his struggle to bring happiness to this world. In Gurudwara, we learnt about some traditions of the Sikhs. On reaching the mosque we learnt about the importance of Quran. This field trip helped us to know more about different religions and their values.

By Anna, Grade IA

Importance of Inquiry

Attitude In PYP

There's a clue to the success we have had with the PYP attitudes (Appreciation, Tolerance, Respect, Integrity, Independence, Enthusiasm, Empathy, Curiosity, Creativity, Cooperation, Confidence, Commitment) in the following statement from Making the PYP happen: "The PYP does not believe it effective to rely on these attitudes being fostered in an implicit way, as some form of hidden curriculum".

It is essential that we address them consciously, professionally and explicitly..."

When we compared the learner profile attitudes and the 12 PYP attributes, we were not sure how to address them separately. However, we realized that if we teach, encourage and give feedback on the attributes, we are more likely to end up with young adults who exhibit the qualities of the learner profile.

Probably the most significant decision we make is to report to parents on how frequently the students display the attitudes. Teachers should realize that they have to explicitly teach and encourage attitudes in order to have data to justify their comments. With attitudes having a high profile, they should become the language of the classroom and playground. We should move away from classroom and playground rules to essential agreements, and from disciplining students to discussing how to develop more positive attitudes.

Recently, a group of boys were sent to me about making fun of a girl in their class. Our discussion revolved around the attitudes, and they quickly decided that if they had empathized with the girl, they would never have done what they did. Their notes of apology were much more sincere than if they hadn't made the personal connection, and I would be very surprised if they would repeat this behaviour.

How do I know this explicit approach works? I can see a significant difference between new students, parents and teachers and those who have been working with us for a while. Their language and behaviour tends to be more "me"-centred, rather than the "us"-centred language of the established group.

The culture of the school has embraced the attitudes and this provide the structure for problem-solving.

By Monalisa Dash,
Asst. Coordinator(Primary).

Fun at DRSIS

We had lot of fun during our visit to DRSIS.

The welcome was very grand. The food was delicious. The visit to Golconda fort made us aware about the history of Hyderabad. The fun at Ramoji film city was exciting and unforgettable. The delicious dinner at Green park and Ohris was stunning. The interaction with IBDP students and the cricket match was full of enthusiasm. The hospitality was extraordinary and made us feel at home.

We do agree to the notion given by many students

"East or west, DRS is the best."

Ms.Divya , Facilltator, Ahmedabad International School.



Parents mentors guiding their group during the exhibition class



Grade III students enjoying the campfire during their nightstay



Students taking an interview of the Sarpanch of Dhollapaty village



Grade V students visiting Radha krishna mission school to persue their Inquiry on importance of education.



Coordinator's Message

In this column, I would like to talk about "Creativity". As Zaleznick said,



"The creative acts break out of the traditional modes of thinking and sees the world in new ways. It destroys habitual mode of perceiving and knowing to arrive at fresh syntheses"

Therefore, creativity is an act of liberation. It helps us to defeat old habits and guides us to be more and more original.

Creative ability is a human endowment and that is common in all of us. It is an intrinsic part of life and growth. Nobody can claim to lack creativity. It is a gift we all have. In what proportion and how much we tap, is our individual journey. Like most of the attributes, it is distributed in varying strengths, but the capacity for creative action dear parents, colleagues and students, is a state of mind which can be learnt. Like any other skill, it can be developed and enhanced with training and practice.

Creativity leads to innovations. If creativity is generation of ideas and alternatives, innovation is transformation of those ideas and alternatives into useful applications that lead to change and improvement. Steam engine was invented in 18th century for the simple purpose to pump out flooded mines, later to stationary uses like milling; then it led to the application of transport and lastly to generate electricity. One thing led to the other. It was only possible as the creativity of the human race developed.

Following factors help us to facilitate creative process:

- Welcome every idea, however wild or absurd
- Don't be too quick to evaluate or criticise
- Don't be afraid to indulge in 'childlike' behaviour wishing, imagination and playfulness.
- Always think of a mistake or failure as an opportunity to learn
- Focus on one thing at a time when trying out

Creativity is an intrinsic part of human existence and we need to develop it more and more within ourselves and our students. And to survive, we will need this skill in large proportions.

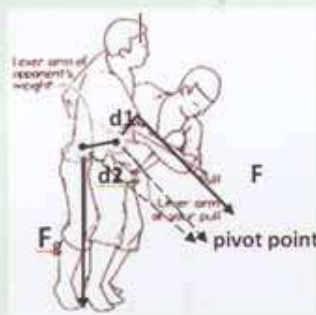
Monica Drego
IBDP Coordinator

If you need to get in touch with me:
ibdp.coordinator@drsinternational.com

Judo - Physics

In judo, a weaker and a smaller fighter who understands physics can defeat a stronger and larger fighter who does not. REALLY!!! This fact is demonstrated by the basic "hip throw", in which a fighter rotates the opponent around his hip and - if throw is successful - on the mat. Without proper use of physics, the throw requires considerable strength and can easily fail. SO SAD!???

Here is the secret to win the opponent.....



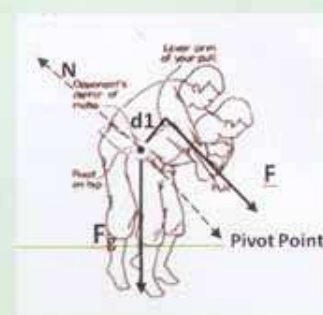
Improper hip throw

In a skilled hip throw your pull F on the opponent follows Newton's second law for rotation. $\dot{\omega} = l \dot{a}$ ($F = ma$ in linear motion). As his feet leave the floor, we can assume that only three forces act on him: your pull F , a force N , and weight F_g , but torque is due to your pull F , and we can write $d1F = l \dot{a}$ -----(1)

In improper hip throw we have two pivot points that do not coincide with each other. This develops extra torque $d2Fg$, then we can write $d2Fg + d1F = l \dot{a}$ -----(2)

From two equations it is clear that in improper hip throw you have to apply large torque than the shifted hip throw. So, you have to pull harder if you do not initially bend your opponent to bring his centre of mass to your hip. A good judo fighter knows this lesson from physics.

So, friends PHYSICS IS EVERYWHERE!!!!



Basic hip throw.

Sivarama Sarma, P, DP Physics Facilitator.

To know more read Fundamentals of Physics by Resnick and Halliday - 6th version

QU'EST-CE QUE LA LANGUE FRANÇAISE POUR LES ENFANTS

Le français est une belle langue et a été toujours apprise par les enfants à l'école dans des nombreux pays anglophones. Le français est une langue les plus difficiles à apprendre pour les étrangers adultes ou des enfants, mais avec certaines techniques utilisées, les enfants peuvent trouver un peu plus facile à apprendre.

L'exemple suivant montre une méthode simple de mémoriser des mots français. C'est ce qu'on appelle une technique lien-mot, une sorte de méthode de mémorisation de la mémoire qui peut être utilisé pour apprendre une nouvelle langue.

Le bord que la technique du lien mot-a est de savoir comment les mots français sont liés à un mot anglais en utilisant des sons de correspondance entre les mots.

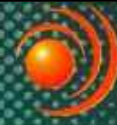
Comme vous lisez l'exemple suivant, essayez d'imaginer que vous êtes là où se tenait l'exemple est en cours. Conserver les mots clés en majuscules dans votre esprit et essayer de se souvenir des détails. Pensez-y à plusieurs reprises et laissez couler jusqu'à ce que vous pouvez la rappeler sans les lire.

English word = chicken
French word = le poulet

Visualiser « chicken » d'expliquer à un géant « PULLEY » comment il veut être soulevé en l'air. Bien sûr, il s'agit d'un scénario stupide, mais il provoque votre esprit de se rappeler les mots de façon permanente. Il n'a même pas besoin d'être exact. Focus sur les sons créés en prononçant les mots français, car c'est la clé de la technique des mots de liaison.

Ceci est juste une technique qui peut être utilisé pour l'enseignement français et les enfants peuvent aider les enfants à apprendre à parler la belle langue française avec une relative facilité.

K.hara Phaneshwara Kumar
IBDP French Facilitator



DP NEWS - Happenings



We aim to touch the sky



The IBDP Gallery



Searching for answers in Nature



In touch with nature

Biology - a life in Sciences

Biology is a fascinating subject which is spreading its wings into many areas other than the regular medicine, basic botany, zoology and so on. The applied fields in Biology like microbiology, biochemistry, pharmacy are known by many of us. There's more to Biology field which are attracting attention in

Health and paramedical fields:

Paramedical science plays an important role in diagnosis and treatment. One doctor needs a minimum of 8 supporting health persons to assist in the recovery. So here are some of the specialization fields that biology students can look at:

Speech Therapy:

One is trained to evaluate speech related disorders which could be due to loss of hearing, developmental disorders or such related problems

Occupational Therapy:

Here individuals with physical or mental disabilities are helped to gain control of their lives.

Biomedical Engineering:

This is an upcoming field of technology with inter disciplinary approach i.e. medicine and engineering. It needs the applied concepts of biology, physics as well as chemistry to develop products and devices for diagnosis and treatment.

Forensic Science:

Application of the scientific principles for the investigation of crime.

Forestry:

B.Sc Forestry is a professional degree course which deals with the theory and practice of all that constitutes the creation, conservation and scientific management of forest and the utilization of their resources.

Food Science and Technology:

It is concerned with all the technical aspects of food: beginning with harvesting and ending with cooking and consumption. The activities of food scientists is to develop new food products, design processes to produce these foods, make choice of packing material, study the shelf life and evaluate of the products with experts or potential consumers.

Incase you need more information please contact

Dr. Sujana Veeramachaneni.
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My Experience

Our Assemblies

In the IBDP block every morning we have our very own 15 minute session in which we conduct our Assembly. The Assembly is the very start to our day providing value based education to all and creates a learning environment that fosters character building and helps us to lead a life of learning and service. Therefore it is very important that we start our day off on the right foot.

For our assembly, each month is assigned with a specific theme like Caring, Independence, Cooperation, Integrity, Tolerance, Respect. For instance, our current month, January, was assigned with the theme Creativity. And for this theme my group decided to concentrate on how Creativity is connected with all areas of our life rather than just Art, which is what most people think.

We wanted to specifically bring out how it is connected to our different subjects, and so we showed the creativity required when developing new theorems in our subjects using examples such as Einstein, Kekulé and Keynes. Then once we had explained our aim, we set everyone with the task of coming up with their own theory in the subject of their choice in groups, with each group given 5 minutes to do so.

We had varied results, the first group just built on a previous Mathematical theorem. The second stated a somewhat obvious biological conclusion. But the third took a more innovative approach and tried combining Physics, Chemistry and Business and Management, using Feynman's wine example, and the fourth finally was the simplest, bringing out a simple theory from mathematics, dealing only with addition and multiplication. Through this assembly we all learned the importance of thinking outside the box, and apply it to other areas of knowledge.

The aim of our assembly is therefore to contribute to the overall development of the individual and infuse a culture of positives into society and throughout the world.

Varun Vinod
IBDP Year XII

House Master's Message

Dear parents, colleagues and students,
 "The difference between failure and success is doing a thing nearly right and doing a thing exactly right." Edward Simmons

Success has no fixed definition although there are many ingredients that together form it, nothing can be achieved in life without hard work, confidence, commitment and enthusiasm.

To emerge as a winner one has to overcome all the ups and downs of life. Success is self satisfaction and feeling of joy and happiness one gets after achieving it through one's sheer hard work and commitment. What can be the fundamental qualities required to be an achiever of success? They are nothing but the basic ABC of success, namely Ability, Boldness and Courage. One requires all these three basic qualities for achieving one's goal in life.

Ability is a human quality of being able to perform a given work in the right manner. It is common knowledge that nobody is perfect in all activities. But one can try to be perfect in an activity one is interested in; everyone has got talent in a particular field. What one needs is an enrichment of one's talent through repeated practice and perfection and sincerity while doing a work.

Boldness is the quality which comes to oneself when one is confident of one's ability and hard work. Boldness comes from within when we have confidence in our ability to accomplish a goal. Having confidence in oneself is the most important factor to achieve success. Daydreaming about success and doing nothing is of no use. To achieve success, we have to dive into deep sea, putting our life in danger. Here comes Courage, a quality which can be developed by having thorough knowledge of a subject, understanding the problem properly thinking out of box and believing in ourselves.

When work, commitment, and pleasure all become one and you reach that deep well where passion lives, nothing is impossible.

The fruit of success is sweet and its main juices are ability, boldness and courage. But as the presence of salt or sugar makes the food tasty, so besides the ABC of success, enthusiasm, patience, commitment, hard work, sincerity and faith in God make sweet success even more tasty.

Hemavathi

Asst House Master

Residential@drsinternational.com

Forth coming Attractions

Personality development Classes
 ISKON

Counseling session- Morals and ethics

Field trip- Basar Saraswathi Temple
 Kabadi Kabadi

Residential News



Residential News-Medal winners on sports day



New year party



New year outing wargal saraswathi temple



Birthday celebrations

Hobby Classes

EXTINCTION OF SPECIES

Due to global warming and deforestation, animals are becoming extinct. Perhaps zoo might be the only place to see animals like polar Bear, Penguins, Walrus, Tigers, Butterfly and Panda. What is our responsibility? The practice of commercial and non commercial fishing, depletes fishers by catching so many adult fish, that is not enough to breed and replenish the population. Over fishing exceeds carrying capacity of the fishery. Fishing with a sufficiently high intensity reduces the breeding stock levels to such an extent that they will no longer support a sufficient quantity of fish for sport or commercial harvest. Excess usage and exploitation of resources results in their reduction that in turn does not provide for survival of organisms and leads to extinction of species.

Easwar, Grade VI



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Appreciation



Appreciation

*As you climb the ladder of success be sure it
is leaning against the right building*
- Jackson brown

DRSIS practises the tradition to honour the employees who have stayed with the institution for 5 years. Adding on to this prestigious list, for the year 2010-2011, were Ms. Susan, Ms. Monalisa, Ms. Hima Bindu, Ms. Parimala, Mr. Raja, Ms. Sujana, Ms. Meenaxi, Mr. Subramanyam, Mr. Naresh, Mr. Balram, Ms. Janet and Mr. Asifuddin

Counsellor's Corner

Life of a Bully

The sight of Tom and Jerry bullying each other is hilarious. But if our children practice one bit of those tricks on each other, it can take an ugly turn.

Basically bullying is the act of intimidating a weaker person to make them do something. Bullying is a form of abuse and it includes emotional, physical, verbal or non-verbal.

The Bully could be anybody who constantly passes negative comments on his victim to torment him. Bullying can be pushing shoving, hitting, spitting, as well as name calling, making fun of, laughing at and excluding someone.

Some children try to threaten, harass, humiliate, embarrass or target another child using the internet or mobile phone. Bullying and Cyber bullying causes pain and stress to victims and never is justified or excusable as 'kids are just teasing'.

The victim is never responsible for being bullied or targeted by the bully. Dr. Phil famous clinical psychologist says; "Bully is basically coward that is why they group together to pick on someone. When they are separated they are gutless. When they are looked in the eye they shrink".

How to tackle bullies:

Advice to children

- Speak back to the bully individually and tell her/him not to pick on you.
- Spread statements such as "I will not bully" and "I will not tolerate my friends get bullied."
- Report any type of bullying to school authorities immediately.
- Don't allow others to hurt you. Don't feel inferior.
- Have confidence. You are special in your own way.
- Be friendly with everyone and don't take jokes to heart.

Advice to teachers and parents

- Empower your children to be assertive and don't follow blindly.
- Sometimes the bully doesn't know the extent of his devious act and continues irritating the victim, stop him.
- Be involved; speak with child to know his worries.
- Be a good role model and support the idea by your actions.
- If one child is bullied it is everybody's business. Instill a value system in the classroom and on the play ground that if someone sits quietly and watches a bully's devious acts, is as guilty as the bully himself.

Janet Fanaian

Universal Human Value Education Facilitator

Forthcoming Attractions

Blessing ceremony

Maths week

Final Term Examination

Final PTM

Board Examination

Stationary Kit distribution


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