

MENU FOR THE WEEK 23RD APRIL '18 - 29TH APRIL '18

TIMINGS	ITEMS	SOUTH INDIAN SPECIAL					PTM		SUNDAY
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
6.20-6.25 AM	MILK	BOURNVITA	COMPLAN	BOOST	HORLICKS	BOURNVITA	COMPLAN	HOT COFFEE	
8.00-9.00 AM	BFAST	IDLI	UTTAPPAM	MASALA DOSA	PURI	POHA	VADA	MAGGIE	
		CHUTNEY/SAMBHAR	CHUTNEY	CHUTNEY	ALU BHAJI	RED CHUTNEY	CHUTNEY	TOMATO SAUCE	
		GHEE/KARAMPUDI	SAMBHAR	SAMBHAR	-	-	SAMBHAR	-	
		CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CHACO CHIPS	
		B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	
		B/OMLETTE	B/OMLETTE	B/OMMELETTE	B/OMMELETTE	B/OMMELETTE	B/OMMELETTE	B/OMMELETTE	
		BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	
12.10-1.30 PM	LUNCH							NORTH INDIAN SPECIAL	
	SALAD	SPROUTS SALAD	CEASAR SALAD	VEG RINGS	BEETROOT/PEANUT SALAD	GREEN SALAD	SHREDDED SALAD	SPROUTS SALAD	
	SOUP	MANCHOW SOUP		VEG CORN SOUP					
	RICE	LEMON RICE/RICE	RICE	JEERA RICE	RICE	BISI BELE BATH	RICE	DUM BIRYANI	
	ROTI	GHEE ROTI	LACHA PARANTHA	GHEE ROTI	GHEE ROTI	ALU BONDA	GHEE ROTI	BUTTER NAAN	
	CURRY	ALU CAPSICUM	PALAK PANEER	GOBI MUTTER	BHENDI DO PYAZA(DRY)	RICE PONGAL	MIX VEG KURMA	NAVRATAN KURMA/MALAI KOFTA CURRY	
	DAL	RAJMA	DAL TADKA	DAL MAKHANI	MENTHI DAL	RASAM	ONION DAL	VEG BULLETS & GREEN CHUTNEY	
	CURD	CURD	CURD	BUTTERMILK	CURD	CURD RICE	CURD	-	
	CHUTNEY	MANGO PICKLE	TURAI CHUTNEY	KADDU CHUTNEY	MANGO PICKLE	TOMATO CHUTNEY	MANGO PICKLE	PAPAD	
	FRYUMS	PAPAD	PAPAD	PAPAD	MASALA FRYUMS	PAPAD	FRYUMS	THICK RAITHA	
	SWEET / FRUIT	MUSK MELON FRUIT MUFFIN/ JALJEERA	RICE KHEER FRENCH FRIES/ W.M JUICE	WATER MELON	SEMIYA KHEER	BANANA	SUJI HALWA	JALEBI	
	IK SNACKS	FRUIT MUFFIN/ JALJEERA	FRENCH FRIES/ W.M JUICE	NAMAKPURA/LEMON JUICE	SAMOSA/P.A JUICE	PLUM CAKE/ MILK	-	-	
3.05 PM	SNACKS	FRUIT MUFFIN/ JALJEERA	FRENCH FRIES/ W.M JUICE	VEG SANDWICH/LEMON JUICE	SAMOSA/P.A JUICE	PLUM CAKE/ MILK	DABELI/MANGO MILKSHAKE	MIRCHI BHAJI&TOMATO SAUCE/W.M JUICE	
5.30 PM	MILK / JUICE	MILK	MILK	MILK	MILK	MILK	MILK	MILK	
8.00-9.00 PM	DINNER								
	SALAD	FINGER SALAD	GREEN SALAD	STEAMED VEGETABLE	BOILED POTATO/CHANA SALAD	ONION TOMATO SALAD	BEETROOT/PEANUT SALAD	VEG RINGS	
	SOUP								
	RICE	RICE	LEMON RICE/RICE	RICE	EGG/VEG FRIED RICE	LEMON RICE/RICE	RICE	RICE	
	ROTI	ALU PARANTHA EGG BHURJI	PHULKA	PHULKA	PHULKA	PHULKA	PHULKA	PHULKA	
	CURRY	TOMATO GRAVY	KADAI BEAN MASALA	EGG CURRY/ONION TOMATO DRY	MIRCHI KA SALAN	ALU BHURJI	CLUSTER BEANS	BHENDI FRY	
	DAL	ONION DAL	PALAK DAL	DAL TADKA	BLACK CHOLA DRY	VEG SAMBHAR	DAL FRY	GONGURA DAL	
	CHUTNEY	MANGO PICKLE	TOMATO CHUTNEY	TURAI CHUTNEY	MANGO PICKLE	GONGURA CHUTNEY	LEMON PICKLE	DOSAKAI CHUTNEY	
	FRYUMS	FRYUMS	PAPAD	POTATO CHIPS	FRYUMS	PAPAD	FRYUMS	PAPAD	
	CURD	CURD	BUTTER MILK	CURD	ONION RAITHA	CURD	CUCUMBER RAITHA	CURD	
	SWEET / FRUIT								
9.30-9.40	COMPLAN	BOOST	BOURNVITA	HORLICKS	COMPLAN	BOOST	HORLICKS	BOURNVITA	

NOTE :

Different types of Fryums to be supplied daily.
Wherever Veg curries are mentioned different types of vegetable to be used as per season.
Milk/ Juice: different flavours to be supplied

ISSUED BY
DIRECTOR