

MENU FOR THE WEEK 8TH JAN'18 - 14TH JAN'18

CHINESE SPECIAL								
TIMINGS	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.20-6.25 AM	MILK	HORLICKS	BOURNVITA	COMPLAN	BOOST	HORLICKS	BOURNVITA	HOT COFFEE
7.20-7.50 AM	BFAST	POHA	SET DOSA	VEG BAMBINO	UTTAPPAM	UPMA	PURI	CHAPATHI
		CHUTNEY	CHUTNEY	CHUTNEY	CHUTNEY	CHUTNEY	COCONUT CHUTNEY	ALU KURMA
		-	SAMBHAR	-	SAMBHAR	-	GINGER CHUTNEY	EGG BHURJI
		CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CHACO CHIPS
		B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM
		B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE
		BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG
12.20-1.30	LUNCH							
	SALAD	SHREDDED SALAD	SPROUTS SALAD	CAESAR SALAD	BEETROOT / PEANUT SALAD	CREAM SALAD	FINGER SALAD	
	SOUP		TOMATO SOUP		VEG CORN SOUP			
	RICE	RICE	ONION RICE/RICE	BAGARA RICE	RICE	VEG FRIED RICE	RICE	
	ROTI	GHEE ROTI	GHEE ROTI	ROUMALI ROTI	PURI	VEG SOFT NOODLES	GHEE ROTI	
	CURRY	ALU GOBI MUTTER	METHI CHAMAN	PANEER BUTTER MASALA	BLACK CHOLA DRY	AMERICAN CHOPSEY	ALU FRY	SPECIAL LUNCH
	DAL	RAJMA	TOMATO DAL	CABBAGE PORIAL	VEG SAMBHAR	VEG SPRING ROLL	PALAK DAL	
	CURD	CURD	CURD	CUCUMBER RAITHA	BUTTER MILK	RAITHA	CURD	
	CHUTNEY	TOMATO CHUTNEY	MANGO PICKLE	TURAI CHUTNEY	DOSAKAI CHUTNEY	WET MANCHURIA	MANGO PICKLE	
	FRYUMS	PAPAD	MASALA FRYUMS	PAPAD	RINGS	RINGS	PAPAD	
	SWEET / FRUIT	SEMIYA KHEER	PAPAYA	DOUBLE KA MEETHA	CHOCOLATE BURFI	MUSK MELON	SUJI HALWA	
	IK SNACKS	COOKIES/MILK	MAGGIE/HOT MILK	CURRYPUFF/LEMON JUICE	CHOCOLATE BURFI/HOT MILK	CUPCAKE/MILK	-	-
3.45 PM	SNACKS	COOKIES/MILK	VEG SANDWICH/COLD COFFEE	CURRYPUFF/LEMON JUICE	ONION PAKODI/HOT MILK	CUPCAKE/MILK	DABELI/MOSAMBI JUICE	FRENCH FRIES&TOMATO SAUCE/W.M JUICE
5.30 PM	MILK / JUICE	MILK	MILK	MILK	MILK	MILK	MILK	MILK
8.00-8.30	DINNER							
	SALAD	CHOPPED SALAD	STEAMED VEGETABLES	POTATO/ONION/GHANA SALAD	ONION RINGS	SPROUTS SALAD	SHREDDED SALAD	ONION TOMATO SALAD
	SOUP							
	RICE	RICE/LEMON RICE	RICE	RICE	EGG FRIED RICE/VEG FRIED RICE	RICE	RICE	RICE
	ROTI	METHI PARANTHA	PHULKA	PHULKA	PHULKA	PHULKA	PHULKA	PHULKA
	CURRY	ALU-65	BHENDI FRY/EGG CURRY	CLUSTER BEANS CURRY	TOMATO ONION DRY	RED CHANA	BEANS FRY	JEERA ALU
	DAL	DAL FRY	RAJMA	DAL FRY	METHI CHAMAN	VEG SAMBHAR	CORRIANDER RASAM	MENTHI DAL
	CHUTNEY	MANGO PICKLE	TOMATO CHUTNEY	KADDU CHUTNEY	LEMON PICKLE	TURAI CHUTNEY	MANGO PICKLE	MANGO PICKLE
9.30-9.40	FRYUMS	POTATO CHIPS	FRYUMS	PAPAD	RINGS	MASALA FRYUMS	PAPAD	FRYUMS
	CURD	BUTTERMILK	CURD	CURD	ONION RAITHA	ONION RAITHA	CURD	CURD
	SWEET / FRUIT							GULAB JAMUN
	COMPLAN	BOOST	BOURNVITA	HORLICKS	COMPLAN	BOURNVITA	BOOST	HORLICKS

NOTE :

Different types of Fryums to be supplied daily.
Wherever Veg curries are mentioned different types of vegetable to be used as per season.
Milk/ Juice: different flavours to be supplied
Tomato ketchup to be provided to IK Students wherever necessary

ISSUED BY
DIRECTOR