

MENU FOR THE WEEK 18TH JUNE 2018 - 24TH JUNE 2018

CONTINENTAL SPECIAL

TIMINGS	ITEMS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.45-6.55 AM	MILK	HORLICKS	BOURNVITA	COMPLAN	BOOST	HORLICKS	BOURNVITA	COMPLAN
8.00-8.30 AM	BFAST	IDLI	MASALA DOSA	PAV BHAJI	UTTAPAM	VEG UPMA	ALU PARANTHA	VEG/EGG NOODLES
		CHUTNEY / SAMBHAR	CHUTNEY	CHOPPED ONION	CHUTNEY	CHUTNEY	MINT CHUTNEY	TOMATO SAUCE
		GHEE / KARAMPUDI	SAMBHAR	-	SAMBHAR	-	CURD	-
		CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CORN FLAKES	CHACO CHIPS
		B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM	B/BUTTER JAM
		B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE	B/OMLETTE
		BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG	BOILED EGG
12.30-1.30 PM	LUNCH							CHAT SPECIAL
	SALAD	VEGETABLE RINGS	BEETROOT / PEANUT SALAD	CEASAR SALAD	SPROUTS SALAD	RUSSIAN SALAD	SHREDDED SALAD	ALU PAPDI CHANA CHAT SALAD
	SOUP		VEG CORN SOUP		MANCHOW SOUP			
	RICE	RICE/ONION RICE	JEERA RICE	RICE	RICE/LEMON RICE	SCHEZWAN RICE	RICE	RICE
	ROTI	GHEE ROTI	GHEE ROTI	LACCHA PARANTHA	GHEE ROTI	GARLIC BREAD/DIP	GHEE ROTI	SAMBHAR
	CURRY	BABY CORN HARIYAL SABZI	ALU CAPSICUM	PALAK PANEER	ALU GOBI MUTTER	MACRONI (RED ONLY)	MIX VEG	KATORI CHAT
	DAL	GARLIC DAL	DAL MAKHANI	MANGO DAL	PAPPUCHARU	SPAGETTI	RAJMA	CUTMIRCHI
	CURD	CURD	CUCUMBER RAITHA	BUTTER MILK	CURD	ONION RAITHA	CURD	PANIPURI
	CHUTNEY	GONGURA CHUTNEY	LEMON PICKLE	TURAI CHUTNEY	MANGO PICKLE	WHITE PASTA	PEAS CHUTNEY	DAHI WADA
	FRYUMS	RINGS	MASALA FRYUMS	PAPAD	RINGS	FRYUMS	PAPAD	-
	SWEET / FRUIT	MOONG DAL HALWA	WATER MELON	SEMIYA KHEER	BANANA	FRUIT CUSTARD	DOUBLE KA MEETHA	GULABJAMUN
	IK SNACKS	CHOCOLATE CAKE/ MILK	FRENCHFRIES/ STRAWBERRY M.S	SAMOSA/LEMON JUICE	VEG SANDWICH/ COLD MILK	PASTRY/MILK	-	-
3.05 PM	SNACKS	CHOCOLATE CAKE/MILK	FRENCHFRIES/ STRAWBERRY M.S	SAMOSA/LEMON JUICE	VEG SANDWICH/ COLD COFFEE	PASTRY/MILK	GOLD COIN/JAL JEERA	ONION PAKODI/ CHOCOLATE MILKSHAKE
5.30 PM	MILK / JUICE	MILK	MILK	MILK	MILK	ORANGE CRUSH	MILKSHAKE	MILK
8.30-9.00 PM	DINNER							
	SALAD	CAESAR SALAD	TWO MENUS	STEAMED VEGETABLES	ONION RINGS	SPROUTS SALAD	MIX VEG CHOP SALAD	GREEN SALAD
	SOUP							
	RICE	RICE	SOUTH INDIAN SPECIAL	RICE	VEG FRIED RICE/EGG FRIED RICE	TOMATO RICE / RICE	RICE	RICE
	ROTI	PHULKA	AND	SPINACH PARANTHA	PHULKA	PHULKA	PHULKA	PHULKA
	CURRY	ALU GOBI MUTTER	ITALIAN SPECIAL	TOMATO CURRY / EGG CURRY	BHENDI FRY	GATTE KI SABJI	CARROT BEANS FRY	JEERA ALU
	DAL	PUDINA DAL		ONION DAL	TURAI CURRY	CORRIANDER RASAM	ONION DAL	DRUMSTICK SAMBHAR
	CHUTNEY	LEMON PICKLE		MANGO PICKLE	DOSAKAI CHUTNEY	MANGO PICKLE	TOMATO CHUTNEY	MANGO PICKLE
	FRYUMS	FRYUMS		POTATO CHIPS	FRYUMS	PAPAD	PAPAD	FRYUMS
	CURD	CURD		CURD	ONION RAITHA	CURD	CURD	CUCUMBER RAITHA
	SWEET / FRUIT							
9.30-9.45 PM	COMPLAN	BOOST	BOURNVITA	HORLICKS	COMPLAN	BOURNVITA	BOOST	HORLICKS

NOTE :

Different types of Fryums to be supplied daily.
Wherever Veg curries are mentioned different types of vegetable to be used as per season.
Milk/ Juice: different flavours to be supplied

ISSUED BY
DIRECTOR